



COACH

# CHECKLIST

FULL NAME \_\_\_\_\_

## PRE SESSION

1. Check that athletes have viewed and understood the Individual Checklist
2. Check the Coach Checklist and relevant COVID resources on the Hockey NSW Info Hub
3. Vigilant to the following:
  - Session arrival times & session start time
  - Having personal, labelled water bottle - NO SHARING ALLOWED!!
  - Washing hands and sanitising before and after session
  - Driving to session in own vehicles - unless house shared with other member of squad/team (i.e. no car pooling)

YES

NO

<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>

## START OF SESSION

4. Adhere to stipulated training numbers (total includes athletes and coaches)
5. Remind athletes:
  - Agreed physical distancing rules
  - NO SHARING of water bottles
  - Hands washed and sanitised
  - Coach only to set up/handle any training aids (i.e. cones, crazy catcher, drums, tyres, silent defenders)

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